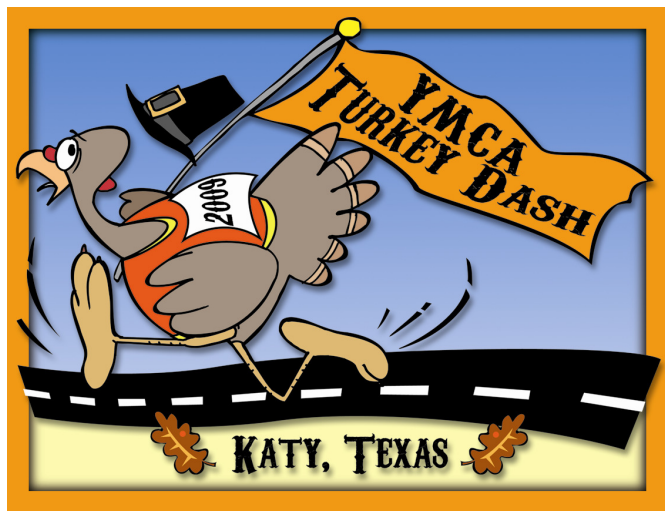


2009 YMCA TURKEY DASH



**Thanksgiving Day
November 26, 2009**

7:30 A.M.

1 Mile Kids Race (14 & under)

8:00 A.M.

5K Race

9:00 A.M.

1 Mile Family Walk

**Join us for Katy's largest
fun run event!**

The Katy YMCA and The Fellowship at Cinco Ranch present their 7th annual Turkey Dash featuring a chip-timed 5K, chip-timed 1 Mile Kids race & a 1 Mile Family Walk/Run. Kick off your holiday season by participating in the Turkey Dash!

Event Highlights include: awards in age categories, ZEEP Kids Fun Zone area, live DJ, games, Turkey Mascot for family photos and post race party with lots of food!

5K Race

\$20 before Nov 9
\$25 Nov 10 - 25

1 Mile Kids Race (14 & under)

\$15 before Nov 9
\$20 Nov 10 - 25

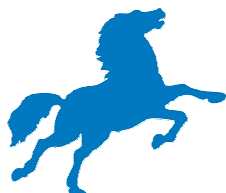
Family Walk/Run

\$10 before Nov 9
\$15 Nov 10 - 25

●NO RACE DAY REGISTRATION●

Registration is available online at www.runhoustontiming.com or at the YMCA.

All proceeds from the Turkey Dash will benefit the YMCA Partners Campaign. This annual fundraiser makes it possible to provide program scholarships to Katy families and to subsidize community outreach efforts.



KATY FAMILY YMCA · 22807 Westheimer Parkway, Katy, Texas 77494 · 281.392.5055

2009 YMCA TURKEY DASH REGISTRATION FORM

CHECK EVENT:

 5K

 1 Mile

 Family Walk/

First Name: _____ Last Name: _____

Address: _____

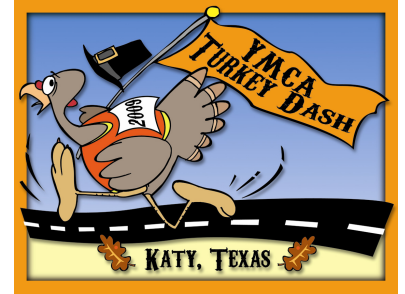
City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Age on (11-26-09) _____ Gender: M ___ F ___ YMCA Member: Yes No

T-shirt size: S M L XL XXL
 Youth XS Youth S Youth M Youth L

How did you hear about the race? Past Participant Web search Flyer
 Friend/Family Magazine Newspaper Other _____



FOR FAMILY WALK/RUN ONLY: (a separate form must be completed for each 5K and Kids 1 Mile participant)

Name: _____ T-shirt size: _____

Name: _____ T-shirt size: _____

Name: _____ T-shirt size: _____

Name: _____ T-shirt size: _____

Entry Fees:

<u>5K Race</u>	<u>1 Mile Kids Race (14 & under)</u>	<u>Family Walk/Run</u>
___ \$20 before Nov 9	___ \$15 before Nov 9	___ \$10 before Nov 9
___ \$25 Nov 10 - 25	___ \$20 Nov 10 - 25	___ \$15 Nov 10 - 25

___ I would like to make an additional contribution to the Katy YMCA Partners Campaign: \$ _____

Payment Information:

Please make checks payable to: Katy Family YMCA Check # _____

___ Visa ___ Mastercard ___ American Express ___ Discover

Card # _____ Exp Date: _____

Signature: _____

Mail-in registrations must be postmarked by Nov. 18 Katy YMCA • 22807 Westheimer Pkwy • Katy 77494

Waiver & Release:

In consideration of acceptance of this entry, I release for myself and my heirs, the YMCA and The Fellowship at Cinco Ranch, its agents, officers, directors and employees, any sponsor and all officials of the race, from claims, demands, liabilities, damages or causes of action, of any nature, including claims of death, injury or illness, arising out of my participation in the Turkey Dash. I state that I have trained and I am in proper physical condition to participate in this event. I hereby grant full permission to use my name and any photographs, videotapes, or other recordings of this event for any purpose. This entry is invalid unless signed by entrant. If entrant is under 18 years of age, parent or guardian must sign.

Signature: _____