



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EDUCATION & LEADERSHIP

Teen Zone

Ages: 10-14 (See Schedule on Back)

The ultimate spot for teens to hang out in a relaxing environment customized just for them. The Teen Zone will include classic games, video game systems, computers, a lounge area and more.

Leaders

Grades: 6-10

Meetings: Mondays @ 5:30pm

A social outlet for teens, with a focus on learning how to be a leader inside the Y and in our community. They will learn various leadership techniques and will be given an opportunity to put those skills into practice in weekly meetings, monthly community service projects and fundraisers.

Teen Events

Ages: 12-17

Fee: \$3 per event

January 21 - Mat Ball Tournament

February 18 - Dancepalooza

March 17 - March Madness

April 21 - Movie Mania

May 19 - Mat Ball

Skate Club

Ages: 6+

Session: August 29 - May 27

Mondays: 3:30pm - 8:30pm

Facility Member - \$75 session / Program Members - \$125 session

The skate club includes a t-shirt, private skate time, instructional lessons and 2 trips to outside skate parks throughout the school year.

For more information contact Tunde Lawal at 281.859.6143 or e-mail tunde.lawal@ymcahouston.org.

LANGHAM CREEK FAMILY YMCA

16725 Longenbaugh Drive

Houston, Texas 77095

Ph: (281) 859-6143 Fx: (281) 859-1384

ymcahouston.org



YMCA Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all. Everyone is welcome.

THE TEEN ZONE

AGES	DAYS	TIMES
10 - 14	Monday - Friday	4:00pm - 8:30pm
10 - 14	Saturday	10:00am - 2:00pm

SK8 - SKATE PARK

Everyone who skates **must** have a signed waiver on file and is required to wear a helmet - **no exceptions**
 The Skate Park is for ages 6 and older
Free for Facility Members and \$50 for Program Members (must have a current program membership)

Days	Times
Monday	3:30pm - 6:30pm - Skate Club Only
Tuesday - Thursday	4:00pm - 8:30pm
Friday	4:00pm - 9:30pm
Saturday	1:00pm - 4:00pm
Sunday	1:00pm - 4:00pm

Every Saturday and Sunday are open skate Days - \$10 per skater, per weekend

Don't miss out on other great teen activities at the Langham Creek Y including:

- Older Youth Strength Training - learn to use pin select and cardiovascular equipment
 - Tween Group Exercise Classes - Tween Spinning® and Tween KrossFit
 - Martial Arts - for all levels
 - Team Sports - volleyball, flag football, basketball and soccer
 - Volunteer Opportunities