



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ADULT SPORTS

Adult Volleyball League

With an emphasis on teamwork and cooperation, the YMCA offers recreational and league sports for men and women who want to have fun while getting an excellent workout.

Registration: January 2nd– February 25th (Spring League)
Barcode: 91305

Fees: \$35/facility member; \$70/program member
Ages: 18 and up

Season starts March 21st, all games played on Wednesday nights
6-9 p.m.

Open gym (preseason practices) Feb 29th, March 7th, and March
14th from 6-9 p.m.

Limited to 120 players

Register with a team or as an individual

**For more details please contact:
Tony Vannoy at
tony.vannoy@ymcahouston.org**

San Jacinto Family Y
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Pasadena, TX 77503
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Ymcahouston.org/san-jacinto



text YMCAHouston
to 41411



YMCA Mission: To put Judeo-Christian principles
into practice through programs that build healthy
spirit, mind and body for all. Everyone is welcome.

