LIFE IN THE FAST LANE
Tsunami Swim Team

Register your child for our competitive swimming program that promotes a healthy lifestyle while improving technique and endurance. Swim Team is open to kids ages 5 to 21.

September 1–August 31 (Year-Round Program)

MONTHLY COST: Facility Members: $85 | Program Members: $110

LOCATION: THE WOODLANDS FAMILY YMCA AT SHADOWBEND

SCHOOL YEAR PRACTICE SCHEDULE:

SUMMER PRACTICE SCHEDULE:

SWIMMER EVALUATIONS
New swimmers must demonstrate the ability to swim 25 yards unassisted in front crawl and back stroke.
There are 12 swim meets a year. Attending 5 practices a week is not mandatory but highly encouraged.

To schedule an evaluation, contact Emily Leavelle at Emily.Leavelle@ymcahouston.org or 281-367-9622.