Novel Coronavirus Disease (COVID-19) is an emerging, rapidly evolving situation. Currently there are no confirmed cases of COVID-19 in Harris County. The YMCA of Greater Houston is following the guidance and expertise of national and local health officials to help protect our participants and staff from all communicable diseases.

We encourage you to follow the everyday preventive actions recommended by the CDC to help prevent the spread of respiratory viruses, including:

- **Wash your hands** often with soap and water for **at least 20 seconds**. If soap and water are not available, use an **alcohol-based hand sanitizer**.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.
- **Avoid close contact** with people who are sick.
- **Stay home when you or your children have symptoms of illness or are sick.**
- **Cover your cough or sneeze** with a tissue. Coughing into your arm is an alternative.
- Clean and disinfect frequently touched objects and surfaces.

At the YMCA, the health and safety of our members, staff and guests is our top priority. In an ongoing effort to prevent the spread of illness within our facilities, we want to share what we are doing in our programs and buildings.

- **Hand sanitizer stations are available at all facilities.**
- We are and always have been vigilant in our cleaning practices in program areas. In our child care facilities, staff are increasing the number of times that toys and high use surfaces are sanitized throughout the day. In our fitness areas, participants are encouraged to wipe down fitness equipment before and after use. Staff will also increase the number of times that high use surfaces are sanitized.
- Our cleaning personnel already use antiviral cleaning agents to disinfect our facilities on a daily basis. Our teams will be increasing the number of times that they clean and disinfect common surfaces throughout the day.

We encourage you to visit https://www.cdc.gov/coronavirus/2019-ncov/ to learn more.

YMCA Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all. Everyone is welcome.