



# HERE FOR YOU

## Food Distribution



Monday-Saturday from start time-until supplies last

Site	Address	Day	Start Time
MD Anderson YMCA	705 Cavalcade Houston, TX 77009	Mondays: 10/5, 10/12,10/19, 10/26	9 am
Connect YMCA	6700 Bellaire Blvd Houston, TX 77074	Mondays:10/5, 10/12	9 am
T.W. Davis Family YMCA (at Fort Bend County Fair Grounds)	4310 TX-36, Rosenberg, TX 77471	Mondays:10/5,10/12, 10/19, 10/26	9 am
Aldine-Greenspoint Family YMCA (at North Houston Skate Park)	12351 Kuykendahl Rd Houston, TX 77067	Tuesdays: 10/6,10/13, 10/20,10/27	9 am
Houston Texans YMCA	5202 Griggs Road, Houston, TX 77021	Tuesdays: 10/6,10/13, 10/20,10/27	9 am
Wendel D. Ley Family YMCA, *11a	15055 Wallisville Rd. Houston, TX 77049	Wednesdays:10/7, 10/14, 10/21,10/28	11 am
Navarro Middle School , *11a	5100 Polk St. Houston, TX 77023	Thursdays: 10/8, 10/15, 10/22, 10/29	11 am
Aldine-Greenspoint YMCA (at Tom Wussow Park)	500 Greens Rd. Houston, TX 77060	Thursdays: 10/1,10/8, 10/15, 10/22, 10/29	9 am
The Cathedral of Saint Matthew	9101 Airline Dr. Houston, TX 77037	Fridays:10/2, 10/9, 10/16, 10/23, 10/30	9 am
Southwest Central Church of Christ, *Different times	4011 W Bellfort Blvd Houston, TX 77025	Saturdays: 10/10, 10/24	10/10-11 am 10/24- 9 am
Woodlands Family YMCA (at Generations Chuch)	405 Rayford Rd 11 W Spring, TX 77386	Saturday: 10/24	9 am

Stay connected with the Y! Email [CommunityCare@ymcahouston.org](mailto:CommunityCare@ymcahouston.org) for more food pantries and distribution sites around Houston.



YMCA Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all. Everyone is welcome.



# AQUI PARA USTEDES

## HORARIO DE DESPENSA DE ALIMENTOS

lunes-sabado, de empieza-hasta que se acaba los alimentos

Sitio	Dirección	Datos	Tiempo
MD Anderson YMCA	705 Caldecade Houston, TX 77009	Lunes: 10/5, 10/12,10/19, 10/26	9 am
Connect YMCA	6700 Bellaire Blvd Houston, TX 77074	Lunes:10/5, 10/12	9 am
T.W. Davis Family YMCA (en Ft. Bend County Fair Grounds)	4310 TX-36, Rosenberg, TX 77471	Lunes:10/5,10/12, 10/19, 10/26	9 am
Aldine-Greenspoint Family YMCA (en North Houston Skate Park)	12351 Kuykendahl Rd Houston, TX 77067	Martes: 10/6,10/13, 10/20,10/27	9 am
Houston Texans YMCA	5202 Griggs Road, Houston, TX 77021	Martes: 10/6,10/13, 10/20,10/27	9 am
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The Cathedral of Saint Matthew	9101 Airline Dr. Houston, TX 77037	Vierenes:10/2, 10/9, 10/16, 10/23,10/30	9 am
Southwest Central Church of Christ	4011 W Belfort Blvd Houston, TX 77025	Sabados: 10/10, 10/24	10/10-11 am 10/24-9 am
Woodlands Family YMCA (at Generations Chuch)	405 Rayford Rd 11 W Spring, TX 77386	Sabados: 10/24	9 am

Mantente conectado con la Y! Envíe un correo electrónico a [CommunityCare@ymcahouston.org](mailto:CommunityCare@ymcahouston.org) para todas las despensas de alimentos y sitios de distribución alrededor de Houston.



Misión YMCA: Poner en práctica los principios judeocristianos a través de programas que desarrollen espíritu, mente y cuerpo saludables para todos. Todos son bienvenidos.